

# START THE CONVERSATION

ABOUT TREATMENT WITH KOSELUGO® (selumetinib)

Being prepared for treatment discussions can help your child get the care they need

Koselugo is the first FDA-approved prescription medicine that is used to treat children 2 years of age and older with neurofibromatosis type 1 (NF1) who have plexiform neurofibromas (PN) that cannot be completely removed by surgery. It is not known if Koselugo is safe and effective in children under 2 years of age.

#### INDICATION & SELECT IMPORTANT SAFETY INFORMATION for KOSELUGO® (selumetinib)

#### What is Koselugo?

Koselugo is a prescription medicine that is used to treat children 2 years of age and older with neurofibromatosis type 1 (NF1) who have plexiform neurofibromas that cannot be completely removed by surgery. It is not known if Koselugo is safe and effective in children under 2 years of age.

#### **SELECT IMPORTANT SAFETY INFORMATION**

**Serious side effects include:** heart problems, eye problems, severe diarrhea, skin rash, muscle problems (rhabdomyolysis), embryo-fetal toxicity.

**Most common side effects include:** vomiting, stomach-area pain, nausea, dry skin, muscle and bone pain, feeling of tiredness or lacking energy, fever, sores in your mouth, headache, redness around fingernails, itching.

Please see additional Important Safety Information on page 6 and visit <u>bit.ly/KoselugoPl</u> to view Patient Information in the full Prescribing Information for Koselugo (selumetinib).

### **Getting prepared**

A little preparation can go a long way in helping you feel ready to discuss treatment options with your child's doctor. Planning what to say in advance can help focus your conversation. Here are some tips for your appointment:



Bring along this guide and a pen so that you can write down important notes from your discussion



Consider connecting with your dedicated Patient Education
Manager (PEM) for help planning your next discussion. You can scan the QR code on the back of this guide to get in touch



Take note of any symptoms you've noticed and bring them up to your child's doctor



Request your free Parent Readiness Kit by scanning the QR code on the right or by going to **koselugo.com** 





### **How to talk about PN symptoms**

When sharing symptoms with your child's doctor, it can be helpful to share specific examples of how PN symptoms affect your child, instead of just listing the symptoms. Here are a few examples that can help you have a more effective conversation:

#### **Instead of saying...**

- "Emma can't run well, but she can still walk fine"
- "Connor gets tired easily"
- (X) "Mia has a little bit of a temper lately"

#### **Consider saying...**

- "Emma used to run around with friends, but now that she only walks, she has trouble keeping up"
- "Connor often doesn't have the energy to play or go outside"
- "Mia has been starting arguments at school"

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## **Look out for PN symptoms**

Use the chart below to familiarize yourself with common PN symptoms and **check off any physical or emotional changes you notice in your child.** Bring this guide to your next doctor's appointment so you can share the specific ways that PN impacts your child.

| How much are these symptoms affecting your child? |   | Never | Sometimes | Often | All the time |
|---|---|-------|-----------|-------|--------------|
|   | Lumps under the skin                          |       |           |       |              |
|   | Unusual coloring on the surface of the skin   |       |           |       |              |
|   | Increased pain or<br>discomfort               |       |           |       |              |
|   | Difficulty moving                             |       |           |       |              |
|   | Tingling or numbness                          |       |           |       |              |
|   | Trouble breathing                             |       |           |       |              |
|   | Changes in eyesight                           |       |           |       |              |
|   | Bedwetting or other bowel or bladder problems |       |           |       |              |
| (zZz)   | Fatigue and/or weakness                       |       |           |       |              |
|   | Irritability or change in<br>behavior         |       |           |       |              |
|   | Eating problems, such as loss of appetite     |       |           |       |              |
|   | Difficulty falling or staying asleep          |       |           |       |              |
|   | Other:  |       |           |       |              |

## **Organizing your questions**

Asking the right questions can help you get the answers you need about treating your child's NF1 PN. The questions below can help guide your conversation with your child's doctor about treatment with Koselugo® (selumetinib). Use the "Notes" section below to write down any additional questions you have.

- Is Koselugo an option for my child?
- What outcomes might we expect to see with Koselugo?
- How will we know if the treatment is working?
- When might we start to see results?
- What are the possible side effects of Koselugo?
- How will we manage side effects that might come with Koselugo?

- How well did Koselugo work in the clinical trial?
- How long did PN shrinkage last in the clinical trial?
- How long should my child take Koselugo?
- What testing is required with Koselugo?
- Can you help me enroll in support programs provided by the Koselugo team?
- Can we make a plan for getting ready to start Koselugo?

| Notes   |  |  |  |  |  |
|---|--|--|--|--|--|
| Use the space below to jot down any important notes from your child's doctor appointment. |  |  |  |  |  |
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#### **KOSELUGO COMES WITH A TEAM.**

If you and your child's doctor decide that treatment with Koselugo is the right choice, you'll have a team behind you during every step of the journey. To learn more about what support is available before and after starting treatment, visit koselugo.com





# To learn more about patient support, visit koselugo.com/support-teams or scan the OR code

## INDICATION & IMPORTANT SAFETY INFORMATION for KOSELUGO® (selumetinib)

#### **INDICATION**

#### What is Koselugo?

Koselugo is a prescription medicine that is used to treat children 2 years of age and older with neurofibromatosis type 1 (NF1) who have plexiform neurofibromas that cannot be completely removed by surgery. It is not known if Koselugo is safe and effective in children under 2 years of age.

# IMPORTANT SAFETY INFORMATION What are the possible side effects of Koselugo?

#### Koselugo may cause serious side effects, including:

- Heart problems. Koselugo can lower the amount of blood pumped by your heart, which is common and can also be severe. Your healthcare provider will do tests before and during treatment to check how well your heart is working.
   Tell your healthcare provider right away if you get any of the following signs or symptoms: persistent coughing or wheezing, shortness of breath, swelling of your ankles and feet, tiredness, increased heart rate.
- Eye problems. Koselugo can cause eye problems that can lead to blindness. Your healthcare provider will check your vision before and during treatment. Tell your healthcare provider right away if you get any of the following signs or symptoms: blurred vision, loss of vision, dark spots in your vision (floaters), other changes to your vision.
- Severe diarrhea. Diarrhea is common with Koselugo and can also be severe. Tell your healthcare provider right away the first time that you get diarrhea during treatment. Your healthcare provider may give you medicine to help control your diarrhea and may tell you to drink more fluids.
- Skin rash. Skin rashes are common with Koselugo and can also be severe. Tell your healthcare provider if you get any of the following signs or symptoms: rash that covers a large area of your body, peeling skin, blisters.
- Muscle problems (rhabdomyolysis). Muscle problems are common with Koselugo and can also be severe. Treatment with Koselugo may increase the level of a muscle enzyme in your blood called creatine phosphokinase (CPK) and may be a sign of muscle damage. Your healthcare provider should do a blood test to check your muscle enzyme levels of CPK before you start taking Koselugo and during treatment. Tell your healthcare provider right away if you get any of the following signs or symptoms: muscle aches or pain; muscle spasms and weakness; dark, reddish urine.

## Before taking Koselugo, tell your healthcare provider about all your medical conditions, including if you:

- · have heart problems.
- · have eye problems.
- have liver problems.
- are pregnant or plan to become pregnant. Koselugo can harm your unborn baby. Your healthcare provider should verify if you/your partner are pregnant before beginning treatment. Ensure you/your partner use effective birth control (contraception) during treatment and for 1 week after your last dose if there is possibility pregnancy could occur. Tell your healthcare provider right away if you/your partner think you may be pregnant.
- are breastfeeding or plan to breastfeed. It is not known if Koselugo passes into your breast milk. Do not breastfeed during treatment and for 1 week after your last dose. Talk to your healthcare provider about the best way to feed your baby during this time.

**Tell your healthcare provider about all the medicines you take**, including prescription, over-the-counter medicines, vitamins, or herbal supplements. Especially tell your healthcare provider if you are taking aspirin, blood thinners, or other medicines to treat blood clots. Koselugo contains vitamin E, which may increase risk of bleeding.

#### What should I avoid while taking Koselugo?

Do not drink grapefruit juice, eat grapefruit, or take supplements with grapefruit or St. John's Wort during treatment.

**Most common side effects include:** vomiting, stomacharea pain, nausea, dry skin, muscle and bone pain, feeling of tiredness or lacking energy, fever, sores in your mouth, headache, redness around the fingernails, itching.

These are not all the possible side effects of Koselugo. Call your healthcare provider for medical advice about side effects. Your healthcare provider may change your dose, temporarily stop, or permanently ask you to stop taking Koselugo if you have any of these side effects. You may report side effects to AstraZeneca at 1-800-236-9933 or at <a href="https://us-aereporting.astrazeneca.com">https://us-aereporting.astrazeneca.com</a> or FDA at 1-800-FDA-1088 or <a href="https://www.fda.gov/medwatch">www.fda.gov/medwatch</a>.



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